

PSG105

PENGANTAR PSIKOLOGI

Runi Rulangi -Prodi Psikologi FHB UPJ

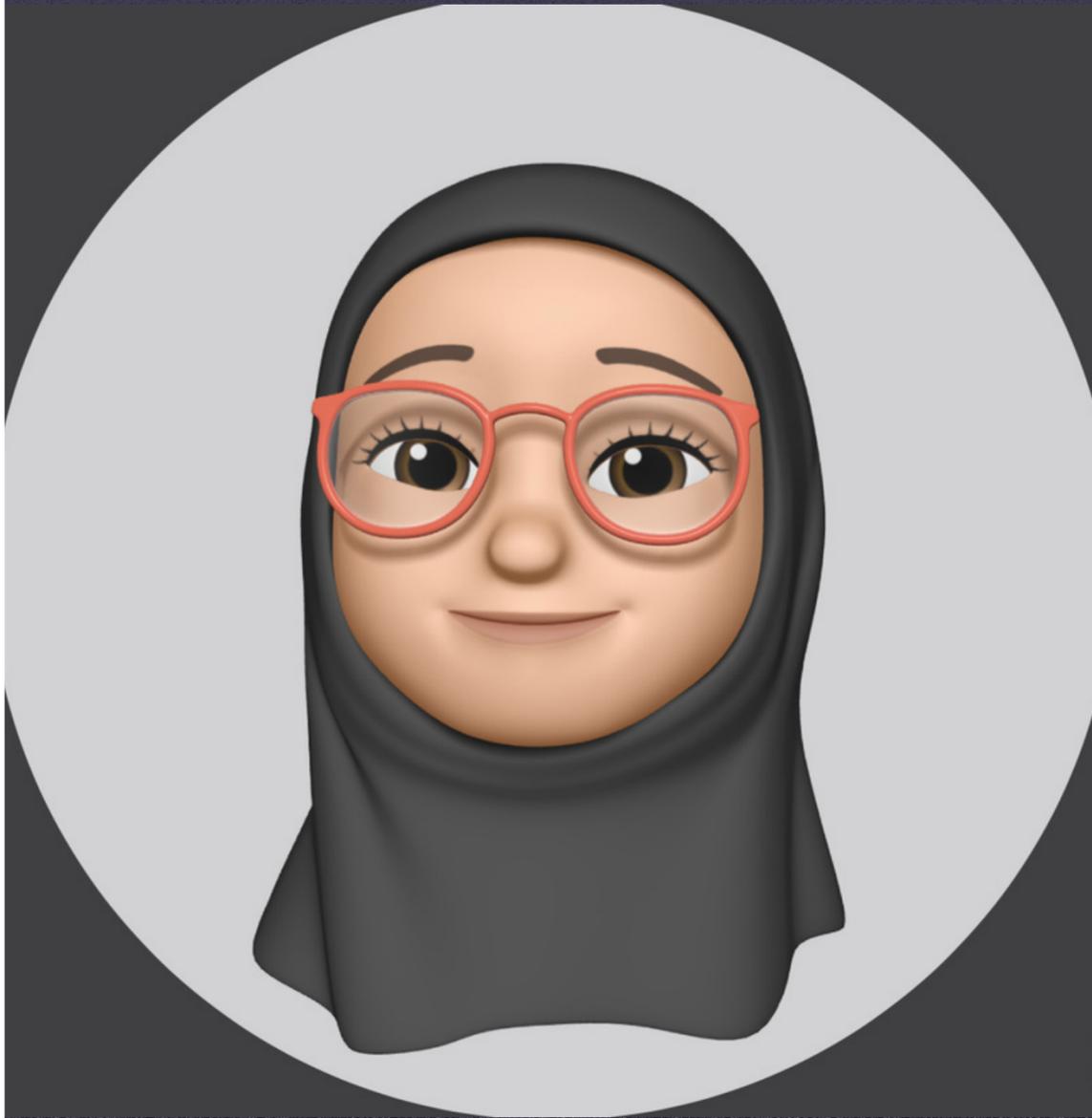


02



Jumpa Lagi di Kelas **Pengantar Psikologi.**

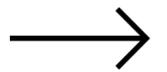
03



**Kembali lagi
bersama saya,
Anggi.**

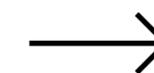
Pertemuan Keempat
belas di kelas Pengantar
Psikologi.

04





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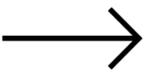
Personality

Personality

- *Kluckhohn & Murray (1953) :*
 - *Each of us is like:*
 - *all other people*
 - *some other people*
 - *no other people*



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- *Distinctive & relatively enduring ways of:*
 - *thinking,*
 - *feeling, &*
 - *acting*
- *that characterize a person's response to life situations.*

07

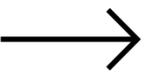


Personality

3 characteristics of behavior attributed to personality:

- *personal identity*
- *internal cause*
- *meaningful organization & structure*

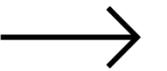
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Personality

- *Psychodynamic*
- *Phenomenological-
Humanistic*
- *Trait: Structure of Personality*
- *Biological Foundations*
- *Behavioral & Social-Cognitive
Theories*
- *Culture, Gender, & Personality*
- *Assessment*

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Outline of Personality

Psychodynamic

Psychoanalysis Freud's Model:

3 parts of personality in 3 areas of mind

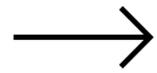
- **Id** → Pleasure principle
- **Ego** → Reality principle
- **Superego** → Idealistic principle

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→

3 areas of mind:
Conscious, preconscious, unconscious.

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Psychodynamic

- *Dynamics of personality:*
- *Never ending struggle among id-ego-superego.*
- *If realistic strategies are ineffective to reduce anxiety -> Ego defense*

Psychodynamic

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- *Ego defense mechanisms:*
- *Repression*
- *Displacement*
- *Projection*
- *Sublimation*

Trait Perspective

- *Introversiion-Extraversiion*
- *Cattell: 16 Personality Factors*
- *5 Factor (Big 5)*

Trait Perspective: Cattell 16-PF

- 16 basic personality traits Factor analysis
- Personality profile (mean scores of traits)
- Reserved-Outgoing
- Less intelligent-More intelligent
- Affected by feelings-Emotionally stable
- Submissive-Dominant

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Trait Perspective: Big 5

- Openness
- Conscientiousness
- Extraversion
- Agreeableness
- Neuroticism

What maintains low self-esteem?

Anagram:

Select 10 words.

Each word consists of 5-7 letters.

From each of them arrange 1 easy &
1 not-so-easy scrambled letters.

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Referensi :

- Sugiyanto. (2009). Modul Matakuliah Psikologi Umum. Yogyakarta : Fakultas Psikologi Universitas Gadjah Mada.