

Sitting Reach

Frequent Use Area

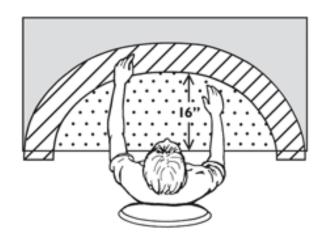
— Place items most often used within

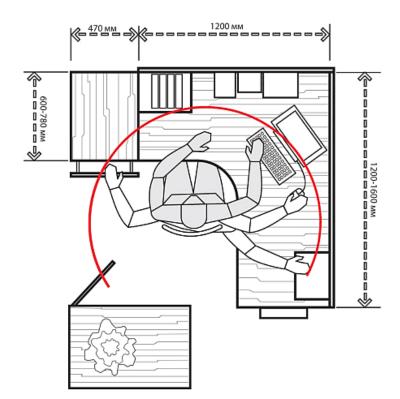
Occasional Use Area Storage Only Area

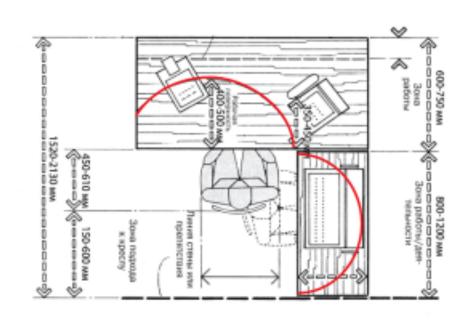


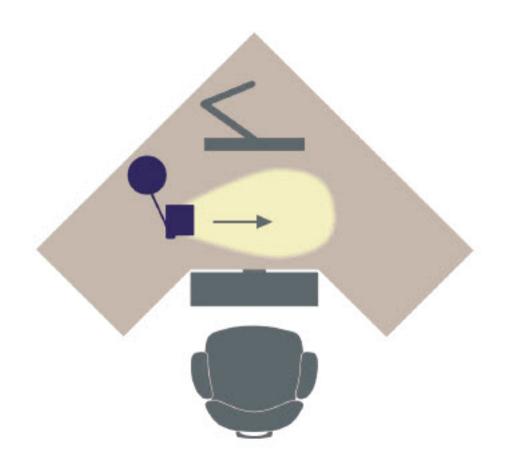
III

the 16" curve.









Ergonomic Lighting Tips

Position your desk lamp such that its light sweeps across your viewing area

Try and find an ergonomic desk lamp that has multiple pivot points for extra adjustability

Place the lamp opposite your writing hand to minimize shadows on your work surface

Minimize any direct glare by angling the shade light away from your eyes